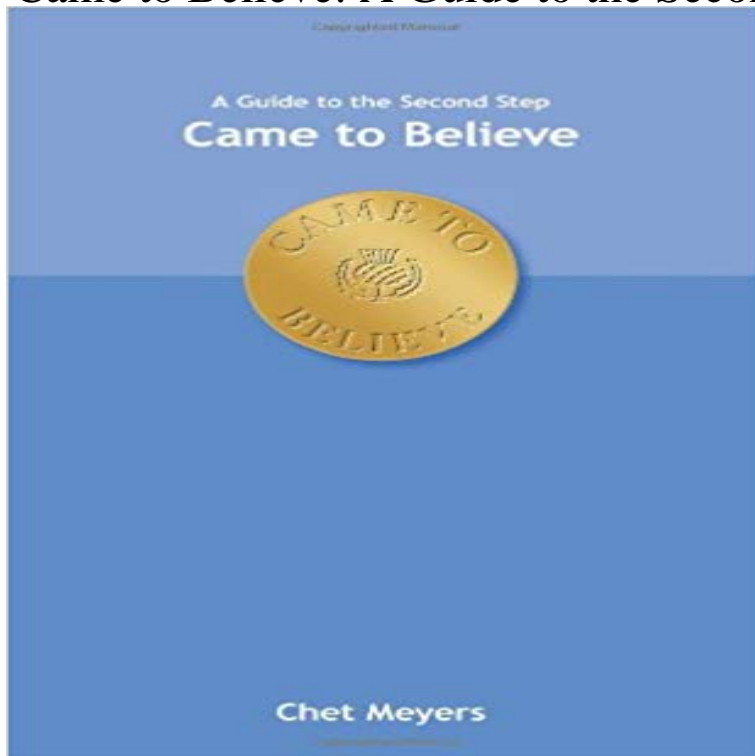


Came to Believe: A Guide to the Second Step



Step Two in a Twelve-Step program presents challenges to many people. They feel resistance or doubt when they read, Came to believe that a Power greater than ourselves could restore us to sanity. In a world that seems increasingly violent, materialistic, and problem filled, is it possible to believe in a Higher Power? Author Chet Meyers offers answers to this and other questions to help readers reframe their thinking on the nature of spirituality and faith. He guides readers through a thoughtful and nonjudgmental discussion of how Step Two works, weaving in insights from Christianity, Judaism, Native American spirituality, and Sufi poetry. Meyers writes, No recovery program I know of promises the elimination of all pain and suffering. Both are an inevitable part of lifes journey. But there are steps we can take to make our journey less painful and more joyful. And there is help. That is the promise of the Twelve Steps. Readers will find short, practical exercises to help them clarify their feelings and questions about a Higher Power. Readers will also find gentle reassurance and guidance on topics that include: recognizing our culture of busyness; experiencing our Higher Power in everyday life; embracing the paradoxical nature of our Higher Power; and establishing habits of quiet and solitude.

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Seja Bem Vindo

E conhecereis a verdade, e a verdade vos libertará. João 8:32

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A Bíblia em 1 minuto - 1 Pedro 5:7-8

A Bíblia em 1 minuto - 1 Pedro 5:7-8

Mensagem da semana - Pedindo e recebendo

Mensagem da semana - Pedindo e recebendo

Mensagem da semana - Andar no Espírito

Mensagem da semana - Andar no Espírito

1

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...

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Próximo »

MENSAGENS

Não Desista Nunca!

Não Desista Nunca!

Existem pedras. Não desista de andar! Existem barreiras. Não desista de passar! Existem os nós. É preciso desatar! ...

[leia mais]

Vale sempre a pena

Vale sempre a pena

Nem tudo o que você fizer bem será elogiado. Haverá momentos em que tentará com muito esforço demonstrar um bom coração ... [leia mais]

O Deus do impossível

O Deus do impossível

Um jovem que trabalhava no exército era humilhado por ser cristão. Um dia seu superior querendo humilhá-lo na frente d... [leia mais]

Deus sabe o que faz

Deus sabe o que faz

Conta-se que um homem chamado Okiba teve que abandonar sua terra por motivos particulares, e, assim, peregrinou em reg... [leia mais]

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